

Dear Friends,

Its always good when you manage to preach a sermon to yourself as well!

I really found the reminder that repentance is about thinking things through and then following things through really helpful. That it's not repentance, as John the Baptist would say, unless you see the fruits of repentance. Or, as Bessey writes, *"It's not simply confessing our sins, or understanding something on an intellectual level, or feeling convicted – all good things, mind you – it's literally changing your mind and then changing your life in response."*

The other thing I found really helpful was the concept of turning back to the path of Love; that sin is what takes us away from the path of love (the failure to do concrete acts of love) and repentance brings us back to that path.

Yet another of the Jan Richardson poems that I like is below! Hope that you are reflecting on what would set your feet firmly on Love's path during this Lenten season! (And perhaps that you spent some time outside with trees or water – if you're following the **40 Simple Practices for Lent** (see last week's Sunday to Sunday for these!))

Grace and peace,

Belinda

May the path
that Christ walks
to bring justice
upon the earth,
to bring light
to those who sit
in darkness,
to bring out those
who live in bondage,
to bring new things
to all creation:

may this path
run through our life.
May we be
the road Christ takes.

~ written by Jan L. Richardson, and posted on **The Painted Prayerbook**. <http://paintedprayerbook.com/>